

**DOROTHY C. BENSON SENIOR MULTIPURPOSE COMPLEX**

6500 Vernon Woods Drive, Sandy Springs, GA 30328

404-613-4900

[www.bensoncenter.org](http://www.bensoncenter.org)

Days & Hours of Operations: Mon.-Fri. 7:00 a.m. – 5:00 p.m.

**Celebrating 19 years!**



## January Event Schedule 2019

### ATTENTION: Upcoming Events

**Aqua Bike Workshop (Mon. & Fri.)** Benson participants will have an opportunity to exercise on the Aqua Bikes and learn all of the fantastic benefits of riding bikes in the pool, 12:00-1:00 p.m. To sign up see Nicole or Jennifer in the Fitness Center.

**1/9 (Wed.) Watershed Management** A watershed representative will answer questions participants may have pertaining to their water bill etc., 12:30-1:15 p.m., MPDH

**1/23 (Wed.) Pre-Planning Seminar** Dignity Memorial will host an informal yet informative seminar on how and why preplanning final “life celebration” can provide peace of mind and become a gift of love to those cared about most. 10:00 a.m., Conf. A & B.

**1/24 (Thurs.) Acrobats of China** Acrobats of Hebei China are a “must see” production that combines Chinese traditions, incredible acrobatics, stunning costumes, Chinese props, and beautiful music. Tickets & Transportation \$15, 11:00 a.m.-12:00 p.m., Cobb Energy Performing Arts Center.

**1/25 (Fri.) Holiday Happy Hour Trivia** Benson participants will enjoy an afternoon of interactive trivia, refreshments, socialization, and fun, 2:00 -3:00 p.m., MPDH

### Registration Dates 2019:

- **Online Facility Registration** - Opens 9 a.m. January 2nd, Closes January 8th at 3:30 p.m.
  - Lunch Break each day 12-1:30
  - Staff will be available to answer questions, and provide assistance during this time.
- **“Drop/Add Period”** Jan. 9-11, 2019



Things that may interest you....

**Medicare Changes Ahead**

**Part B** - The standard monthly premium rises from \$134 to \$135.50. It covers doctor and outpatient visits.

**Medicare Advantage** - The average monthly premium is expected to dip from \$29.81 to about \$28 a month. That's on top of the Part B premium.

**Part D** – The average premium for a Part D prescription drug plan should fall from about \$33.59 to \$32.50. But actual monthly charges can vary by plan depending on where you live, what medicines you use, and the deductibles and copays you incur.

**Deductibles** Part A deductibles for hospital stays will go up \$24, to \$1,364 per benefit period. Part B deductibles will rise by \$2 – from \$183 to \$185.

**In the News/AARP.org/Bulletin/December 2018/vol. 59/No.10**

**Benson 2018 TRAVEL**

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- **March** Cumberland Island Dates and Prices TBA
- **April** Charleston, S.C. Dates and Prices TBA
- **June** Alaska Cruise and Land 9/1-11/2019 \$3877 (airfare included)
- **July** Montreal 7/12-21/2019 \$1065
- **September** Maine 9/21-29/2019 \$895
- **October** Shades of Ireland 10/2-11/2019 \$3599
- **November** San Antonio 11/20-12/8-2019 \$925

**Benson's Holiday & Closing Schedule 2019**

1/1 (Tues.) New Year's Day	9/2 (Mon.) Labor Day	12/24 & 25 (Tues. & Wed.)
1/21 (Mon.) MLK Jr. Day	10/14 (Mon.) Columbus Day	Christmas
2/18 (Mon.) President's Day	11/11 (Mon.) Veterans Day	12/31 (Tues.) New Year's Eve
5/27 (Mon.) Memorial Day	11/28 & 29 (Thurs. & Fri.)	
7/4 (Thurs.) 4 <sup>th</sup> of July	Thanksgiving	



**Class Dates and Instructors**

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|------------------|------------------|
| Jan. 31 (Jerry)  | Oct. 31 (Warren) |
| Feb. 28 (Warren) | Nov. 14 (Jerry)  |
| Mar. 28 (Jerry)  | Dec. 5 (Warren)  |
| Apr. 25 (Warren) |                  |
| May 30 (Jerry)   |                  |
| Jun 27 (Warren)  |                  |
| Jul 25 (Jerry)   |                  |
| Aug. 29 (Warren) |                  |
| Sept. 26 (Jerry) |                  |