Dorothy C. Benson Senior Multipurpose Complex Weekly Breakfast & Lunch Menu WEEK OF: 10/27–10/31

DAY	BREAKFAST	LUNCH
	Pork Sausage or Turkey Sausage	Entrée- Fried Shrimp, Tartar Sauce
MONDAY	Oatmeal w/ Brown Sugar, Scrambled Eggs or Boiled Egg	Sides: Golden Corn, Country Collard Greens, Steak Cut
Date: 10/27	Breakfast Potatoes	Fries, Homestyle Potato Salad
	Choice of: Juice or Coffee	Fresh Fruit Cups, Side Salads, Assorted Desserts
	Country Ham or Turkey Sausage	Entrée- Roasted Cajun Chicken
TUESDAY	Fluffy Pancakes, Scrambled Eggs or Boiled Egg	Sides: Louisiana Red Beans, Dirty Rice, Braised
Date: 10/28	Crispy Potatoes	Cabbage, Stewed Okra & Tomatoes
	Choice of: Juice or Coffee	Fresh Fruit Cups, Side Salads, Assorted Desserts
	Pork Bacon or Country Fried Steak	Entrée- Salisbury Steak, Brown Onion Gravy
WEDNESDAY	Grits, Scrambled Eggs or Boiled Egg	Sides: Creamed Spinach, Rotini Garden Pasta Salad,
Date: 10/29	Hash Brown Potatoes	Garlic Herb Mash Potatoes, Field Peas w/Snaps
	Choice of: Juice or Coffee	Fresh Fruit Cups, Side Salads, Assorted Desserts
	Pork Sausage or Turkey Sausage	Entrée- Mexican Roast Chicken
THURSDAY	Oatmeal w/ Brown Sugar, Scrambled Eggs, or Boiled Egg	Sides: Fire Roasted Corn & Black Beans, Spanish Rice,
Date: 10/30	Buttered Toast	Southwestern Cole Slaw, Deep Fried Churros
	Choice of: Juice or Coffee	Fresh Fruit Cups, Side Salads, Assorted Desserts
	Pork Bacon or Turkey Sausage	Fried Fish, Tartar Sauce
FRIDAY	Cheese Grits, Scrambled Eggs or Boiled Egg	Sides: Broccoli Cheese Casserole, Italian Green Beans,
Date: 10/31	Buttered Biscuits	Brown Sugar Blackberry Cobbler, Southern Succotash
	Choice of: Juice or Coffee	Fresh Fruit Cups, Side Salads, Assorted Desserts

Lunch Time: 12pm - 1:30pm, Lunch Price: (\$3.00 + tax) = \$3.23

Breakfast Time: 8:30 am - 9:30 am, Breakfast Price: (\$2.00 +tax) =\$2.16