

OLDER
AMERICANS
MONTH



Dorothy C. Benson

Senior Multipurpose Complex
6500 Vernon Woods Drive
Sandy Springs, Ga 30328
Bensoncenter.org
Monday - Friday
8:30 am - 5:00 pm
(404) 613-4900

Breakfast:

\$2 plus tax (8:30 am - 9:30 am) Monday-Friday

Lunch:

\$3 plus tax (12:00 pm - 1:30 pm) Monday-Friday

Location:

Multipurpose Dining Hall
Registered Participants and Seniors (55+)

MAY NEWSLETTER

-BLOOD PRESSURE CHECK-

WEDNESDAYS

10:00 am - 12 noon

MULTIPURPOSE BLD. B LOBBY

Volunteer: Frances Katapodis

-BENSON SALON-

For an Appt call:

Glenda Anderson, Hairstylist

(770) 881-1788

1ST Week of every month

-BENSON CENTER- TAG OFFICE

MONDAY & WEDNESDAY ONLY!

BUILDING: B

9:00 am - 3:00 pm

Fulton County Resident (55+)

(404) 612-2357

-CHESS & DOMINOES -

(Beginners / Intermediate)

EVERY WEDNESDAY

DOMINOS: 1:00 pm - 2:00 pm

CHESS: 2:00 pm - 3:00 pm

BENSON GAME ROOM

* BEGINNERS ONLY *

-BRIDGE-

EVERY TUESDAY

COMPUTER LAB

12:30 pm - 3:30 pm

* BENSON MEMBERS ONLY

“CHAMPION YOUR HEALTH”

**Quarterly Class Schedule
Important 2026 Dates
Fulton County Government
Senior Multipurpose Facilities:
Benson, Bowden, Darnell & Mills**

Spring Quarter: March 30 – June 5, 2026

Classes Start: Monday, March 30

Onsite Class Surveys Distribution Week: June 1 – June 5

Classes End: Friday, June 5

Class Registration for Summer Quarter: June 8 – June 12

Down Days: Tuesday, June 16; Wednesday, June 17; Thursday, June 18

Holiday Closings: May 25; June 19

Summer Quarter: June 22 – September 4, 2026

Classes Start: Monday, June 22

Onsite Class Surveys Distribution Week: August 31 – September 4

Classes End: Friday, September 4

Class Registration Week: September 8 – September 11

Down Days: September 16, 17, 18

Holiday Closings: July 3; September 7

Fall Quarter: September 21 – December 4, 2026

Classes Start: Monday, September 21

Onsite Class Surveys Distribution Week: November 30 – December 4

Classes End: Friday, December 4

Class Registration Week: December 7 – December 11

Down Days: December 16, 17, 18

Holiday Closings: November 11; November 26 – 27; December 24 – 25; December 31, 2026, & January 1, 2027

Members don't forget to scan in Daily at the front desk

(Benson's Holiday & Closing Schedule)

Memorial Day – Monday, May 25th

Juneteenth – Friday, June 19th

4th of July – Friday, July 3rd

Labor Day – Monday, September 7th

Veteran's Day – Wednesday, November 11th

Thanksgiving – Thursday & Friday November 26th & 27th

Christmas Eve & Christmas Day – Thursday & Friday, December 24th & 25th

New Years Holiday – Thursday & Friday December 31st & January 1st

SPECIAL EVENTS

-Beginner Spanish Workshop- **Monica Shirley, Spanish Instructor**

Craft Room
(5 Sessions)
(Fridays)

(CLASS FULL)

May 1st – May 29th
1:30 pm – 3:00 pm

Home Fire Prevention & Safety Tips

Conference Room

-Please sign up at front desk-
Monday, May 4th
10:00 am

-2026 Senior Tech Summit-

Georgia International Convention Center
2000 Convention Center Concourse
College Park, GA 30337

(You must have signed up for this event to participate)

Tuesday, May 5th
(Doors Open @ 9:00 am)
10:00 am – 4:00 pm

-Cinco de Mayo-

Dining Hall

Tuesday, May 5th
11:30 am

- Atlanta Watershed Management -

Billing Inquiries/Questions
Building B. Lobby

Wednesday, May 6th
11:00 am

-Senior Provisions: A Life for Seniors Hybrid Workshop-

Conference Room /Zoom

<https://zoom.us/j/92295045438?from=addon#su>

-Please sign up at the front desk-
Wednesday, May 6th
12:00 noon

-Spirit Week -

Monday (Wacky Tacky Day)

Tuesday (Sports Jersey Day)

Wednesday (Patriot Day)

Thursday (Tie Dye/Hippie Day)

Friday (Camouflage Day)

Monday, May 11th – Friday, May 15th
8:30 am

-AARP -

SMART Driver Safety Course
Multipurpose Conference Room

-Please sign up at the front desk-
Tuesday, May 12th
9:00 am – 3:30 pm

-Benson Book Club -

“The Whole Truth”

Author: David Baldacci
Benson Library

Monday, May 11th
12 noon

-Free Food Pantry-

Solidarity Sandy Springs
Multipurpose Dining Hall
Please bring your own bag

-Sign up at the Front desk to receive a ticket-
Friday, May 15th
8:30 am – 9:30 am

- Heart Health Nutrition Workshop-

Conference Room

-Please Sign Up at the front desk-
Monday, May 18th
11:00 am

NATIONAL HOLIDAY

-Memorial Day-

BENSON WILL BE CLOSED

Monday, May 25th
8:30 am – 5:00 pm

- The Clerk of Superior & Magistrate Courts- **Senior Facility Bingo Tour 2026**

Dining Hall

-Please sign up at the front desk-
Wednesday, May 27th
2:00 pm

-Evening of the Arts-

Dining Hall

-Please sign up at the front desk-
If you would like to participate
Friday, May 29th
4:00 pm



2026

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