

March Event Schedule 2020 (adds to Feb schedule)

Mondays & Wednesdays

12:00 - 1:00pm

Aqua Bike Workshop

Benson Participants will have an opportunity to exercise on the Aqua Bikes and learn all the fantastic benefits of riding bikes in the pool!

Location: Pool

Contact: Nicole Wyche or Sabrina Hudson

Monday, March 16 to Wednesday, March 18, 2020

(2nd Qtr.) Spring 2020 Class Registration Dates

Class Registration: 3/16-3/18

Registration: Online Opens at 9:00am on 3/16 and Closes at Midnight on 3/18

Need help registering?

We have "IN FACILITY" Registration with "Staff Support."

In Facility Registration starts Monday, March 16th at 9:00am and ends Wednesday, March 18th at 3:30pm:

- Morning support from 9:00am to 12:00pm
- Lunch break 12:00 to 1:30pm
- Afternoon support 1:00 to 3:30pm

Staff will be available to answer questions, and provide assistance during these times.

Wednesday, March 18, 2020

10:00am-12:00pm

Lunch 'n Learn, Breaking Free From Pelvic Floor Disorders

Benson Participants will have an opportunity to engage in conversation with a leading physician regarding the sensitive topic of Pelvic Floor Disorders (PFD).

Location: ...

Contact: Nicole Wyche or Sabrina Hudson

Wednesday, March 18, 2020

11:00am-12:00pm

KSU Arts Revue

Experience a truly comprehensive artistic fusion of dance, music, theatre, and art. Synergy will feature the KSU Dance Company, Orchestra, Musical Theatre Ensemble, Choir, and Visual Arts collaborating to give school students a unique arts experience.

Contact:

Wednesday, March 25 to Friday, March 27, 2020

Facility Improvement Days

Note: Our facility will be "Closed" to the general public during this time.

Monday, March 30, 2020

First Day of Spring Classes.

Monday, March 30 to Tuesday, April 7, 2020

There is a "Drop/Add" Class Registration Period
